

ALLERGY INFORMATION



	HALAL	VEGE-TARIAN	VEGAN	GLUTEN	EGG	DAIRY	NUT	SOY	SESAME SEEDS	SHELL FISH
PROTEIN										
Falafel		X	X							
Chicken Shawarma	X									
Chicken Kabob	X									
Chicken Cream Chop	X			X		X		X	X	
Chicken Kafta	X									
Gyro	X			X				X		
Beef Kabob	X									
Beef Shawarma	X									
Beef Kafta	X									
Sauteed Shrimp										X
Shrimp Kabob										X
Chicken Wings				X				X		
Chicken Strips				X						
SPREADS/BASE										
Original Hummus		X	X						X	
Jalapeno Cilantro Hum.		X	X						X	
Red Pepper Hummus		X	X						X	
Baba Ghanouj		X	X						X	
Garlic Sauce		X	X							
Grilled Veggies		X	X							
Couscous		X	X	X						
Rice		X	X							
TOPPINGS										
Pickles		X	X							
Cucumber Mix		X	X							
Tabbouli		X	X	X						
Pickled Turnips		X	X							
Feta		X				X				
DRESSINGS										
Fattoush		X	X							
Tzki		X				X				
Tahini		X	X						X	
Ranch		X			X	X		X		
Spicy Garlic		X	X							
Hot Sauce		X	X							
Pink Greek		X			X			X		
SIDES/EXTRAS										
Fries		X	X	X				X		
Greek Fries		X		X	X	X		X		
Falafel		X	X							
Pita Bread		X	X	X						
Pita Chips		X	X	X						
Baklava		X		X		X	X			
Lentil Soup		X	X							
Chicken Lemon Rice Soup	X									
Veggie Grape Leaves		X	X							

BE MINDFUL OF YOUR ALLERGIES. We make our best effort to identify any common food allergies in our food. Our team has been instructed on the severity of food allergies and will make their best effort to avoid any allergic reactions our guests may have. Note that many common food allergies are present within this restaurant, and cross-contamination may take place. All guests with food allergies need to be aware of these risks. Mr. Kabob cannot be held liable for any allergic reactions our guests may have when coming into contact with any of our food. Please notify our team of any allergies you may have.

NUTRITION INFORMATION

		PORTION	PROTEIN (g)	CALORIES	CAL FROM FAT	TOTAL FAT (g)	SAT FAT (g)	TRANS FAT (g)	CHOLESTEROL (mg)	SODIUM (mg)	TOTAL CARBS (g)	DIETARY FIBER	SUGAR (g)
PROTEINS													
Falafel	3 pcs	6	157	66	8	<1	<1	0	732	19	5	3	
Chicken Shawarma	4.5 oz	33	167	156	17	2	<1	120	115	0	0	0	
Chicken Kabob	4.5 oz	40	161	147	16	1	<1	108	94	0	0	0	
Chicken Cream Chop	4.5 oz	33	380	170	19	2	0	85	420	13	<1	1	
Gyro	4 oz	12	358	272	30	12	0	56	938	9	<1	<1	
Steak Shawarma	4.5 oz	36	272	19	2	<1	<1	95	184	<1	<1	<1	
Filet Kabob	4.5 oz	36	251	91	10	4	<1	96	115	0	0	0	
Chicken Wings	5 pcs	11	220	135	15	4	0	40	830	11	1	0	
Chicken Strips	5 pcs	53	700	315	35	6	0	125	1700	40	3	0	
Shrimp Kabob	5 pcs	30	809	662	74	5	0	212	545	10	<1	<1	
Sauteed Shrimp	5 pcs	31	825	662	74	5	0	212	545	12	1	2	
Chicken Kafta	4.5 oz	39	478	308	34	10	<1	140	602	1	<1	0	
Beef Kafta	4.5 oz	28	478	364	41	17	<1	124	565	<1	<1	0	
Deboned Chick. White	4.5 oz	40	161	147	16	1	<1	108	94	0	0	0	
Deboned Chick. Dark	4.5 oz	33	167	156	17	2	<1	120	115	0	0	0	
SPREADS/BASE													
Original Hummus	2.5 oz	5	154	71	8	1	0	0	221	16	5	<1	
Jalapeno Cilantro Hum.	2.5 oz	6	154	71	8	1	0	0	221	16	5	<1	
Baba Ghanouj													
Garlic Sauce	2 oz	1	344	323	35	2	<1	0	209	4	<1	<1	
Grilled Veggies	4 oz	1	49	13	1	<1	<1	0	29	9	2	4	
Rice	6 oz	4	242	55	6	<1	<1	0	234	45	<1	<1	
TOPPINGS													
Pickles	1.5 oz	0	5	0	0	0	0	0	572	0	0	0	
Cucumber Mix	2.5 oz	<1	14	<1	<1	<1	0	0	2	3	<1	2	
Tabbouli	2.5 oz	2	55	17	2	<1	0	0	342	9	3	1	
Pickled Turnips	1 oz	<1	9	<1	0	0	0	0	290	2	<1	<1	
Pickled Cabbage	1 oz	<1	9	<1	0	0	0	0	178	2	<1	<1	
Feta	1 oz	4	75	55	6	5	<1	25	260	1	0	1	
DRESSINGS													
Fattoush	1 oz	<1	129	128	14	1	<1	0	264	1	<1	<1	
Tziki	1 oz	3	23	8	<1	<1	<1	1	61	1	<1	<1	
Tahini	1 oz	2	76	66	7	<1	<1	0	104	2	<1	<1	
Ranch	1 oz	<1	102	97	11	2	<1	6	123	<1	0	<1	
Spicy Garlic	1 oz	<1	151	141	16	1	<1	0	138	3	<1	<1	
Hot Sauce	1 oz	0	10	0	0	0	0	0	600	<1	0	0	
SIDES/EXTRAS													
Fries	3 oz	2	170	72	8	2	0	0	310	23	1	<1	
Pita Bread	1 pc	7	160	13	2	0	0	0	280	30	6	1	
Pita Chips	1 oz	3	99	36	4	<1	<1	0	120	13	3	<1	
Baklava	2 oz	4	220	120	13	5	0	10	130	25	2	15	
Lentil Soup	8 oz	4	141	73	8	<1	<1	0	3	14	3	1	
Chicken Lemon Rice	8 oz	10	125	58	6	<1	<1	24	23	7	<1	<1	
Veggie Grape Leaves	2.5 oz	2	160	108	12	1	0	0	600	16	2	0	

Menu offerings and ingredients may vary by location. Serving sizes are estimates based on standard preparation, and actual portions may vary. Nutritional values are approximate and may change due to variations in recipes, seasonal factors, sourcing, or preparation methods. This information may be updated as needed to reflect current menu items. A 2,000-calorie daily diet is used as the basis for general nutrition guidance, although individual calorie needs may differ. Additional nutrition information is available upon request. For the most current details, please refer to our website or speak with a team member.