

NUTRITION INFORMATION



	PORTION	PROTEIN (g)	CALORIES	CAL FROM FAT	TOTAL FAT (g)	SAT FAT (g)	TRANS FAT (g)	CHOLESTEROL (mg)	SODIUM (mg)	TOTAL CARBS (g)	DIETARY FIBER	SUGAR (g)
PROTEINS												
Falafel	3 pcs	6	157	66	8	<1	<1	0	732	19	5	3
Chicken Shawarma	4.5 oz	33	167	156	17	2	<1	120	115	0	0	0
Chicken Kabob	4.5 oz	40	161	147	16	1	<1	108	94	0	0	0
Gyro	4 oz	12	358	272	30	12	0	56	938	9	<1	<1
Steak Shawarma	4.5 oz	36	272	19	2	<1	<1	95	184	<1	<1	<1
Arook	3 pcs	4	194	76	8	<1	0	0	418	27	4	1
SPREADS/BASE												
Original Hummus	2.5 oz	5	154	71	8	1	0	0	221	16	5	<1
Jalapeno Cilantro Hum.	2.5 oz	6	154	71	8	1	0	0	221	16	5	<1
Red Pepper Hummus	2.5 oz	6	161	72	8	1	0	0	222	18	5	<1
Garlic Sauce	2 oz	1	344	323	35	2	<1	0	209	4	<1	<1
Grilled Veggies	4 oz	1	49	13	1	<1	<1	0	29	9	2	4
Couscous	6 oz	4	155	58	6	<1	<1	0	280	23	6	3
Rice	6 oz	4	242	55	6	<1	<1	0	234	45	<1	<1
TOPPINGS												
Pickles	1.5 oz	0	5	0	0	0	0	0	572	0	0	0
Cucumber Mix	2.5 oz	<1	14	<1	<1	<1	0	0	2	3	<1	2
Tabbouli	2.5 oz	2	55	17	2	<1	0	0	342	9	3	1
Pickled Turnips	1.1 oz	<1	9	<1	0	0	0	0	290	2	<1	<1
Pickled Cabbage	1 oz	<1	9	<1	0	0	0	0	178	2	<1	<1
Feta	1 oz	4	75	55	6	5	<1	25	260	1	0	1
DRESSINGS												
Fattoush	1 oz	<1	129	128	14	1	<1	0	264	1	<1	<1
Tziki	1 oz	3	23	8	<1	<1	<1	1	61	1	<1	<1
Tahini	1 oz	2	76	66	7	<1	<1	0	104	2	<1	<1
Ranch	1 oz	<1	102	97	11	2	<1	6	123	<1	0	<1
Spicy Garlic	1 oz	<1	151	141	16	1	<1	0	138	3	<1	<1
Hot Sauce	1 oz	0	10	0	0	0	0	0	600	<1	0	0
Pink Greek	1 oz	<1	149	144	16	2	<1	7	197	1	<1	<1
SIDES/EXTRAS												
Fries	3 oz	2	170	72	8	2	0	0	310	23	1	<1
Pita Bread	1 pc	7	160	13	2	0	0	0	280	30	6	1
Pita Chips	1 oz	3	99	36	4	<1	<1	0	120	13	3	<1
Baklava	2 oz	4	220	120	13	5	0	10	130	25	2	15
Lentil Soup	8 oz	4	141	73	8	<1	<1	0	3	14	3	1
Chicken Lemon Rice	8 oz	10	125	58	6	<1	<1	24	23	7	<1	<1
Veggie Grape Leaves	2.5 oz	2	160	108	12	1	0	0	600	16	2	0

Nutrition information is calculated using standard recipes and portion sizes. Actual values may vary based on preparation methods and portion adjustments. For questions about allergens or dietary restrictions, please speak with a team member.

Need a meal that fits you? We're on it!

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	HALAL	VEGE-TARIAN	VEGAN	GLUTEN	EGG	DAIRY	NUT	SOY	SESAME SEEDS
PROTEINS	Falafel	X	X						
	Chicken Shawarma	X							
	Chicken Kabob	X							
	Chicken Cream Chop	X		X		X		X	X
	Gyro	X		X				X	
	Steak Shawarma	X							
SPREADS / BASE	Arook	X	X	X					
	Original Hummus	X	X						X
	Jalapeno Cilantro Hum.	X	X						X
	Red Pepper Hummus	X	X						X
	Garlic Sauce	X	X						
	Grilled Veggies	X	X						
	Couscous	X	X	X					
TOPPINGS	Rice	X	X						
	Pickles	X	X						
	Cucumber Mix	X	X						
	Tabbouli	X	X	X					
	Pickled Turnips	X	X						
DRESSINGS	Feta	X				X			
	Fattoush	X	X						
	Tzki	X				X			
	Tahini	X	X						X
	Ranch	X			X	X		X	
	Spicy Garlic	X	X						
	Hot Sauce	X	X						
SIDES / EXTRAS	Pink Greek	X			X			X	
	Fries	X	X	X				X	
	Greek Fries	X		X	X	X		X	
	Falafel	X	X						
	Pita Bread	X	X	X					
	Pita Chips	X	X	X					
	Baklava	X		X		X	X		
	Lentil Soup	X	X						
	Chicken Lemon Rice Soup	X							
	Veggie Grape Leaves	X	X						

BE MINDFUL OF YOUR ALLERGIES. We make our best effort to identify any common food allergies in our food. Our team has been instructed on the severity of food allergies and will make their best effort to avoid any allergic reactions our guests may have. Note that many common food allergies are present within this restaurant, and cross-contamination may take place. All guests with food allergies need to be aware of these risks. Mr. Kabob Xpress cannot be held liable for any allergic reactions our guests may have when coming into contact with any of our food. Please notify our team of any allergies you may have.